

Get Ready for the Next Emergency.

BE AWARE, PLAN AND PREPARE IN ADVANCE.

BE AWARE

Irene. Sandy. Nemo. The Hartford region is at risk for hurricanes, floods, winter storms, and other types of emergencies.

PLAN

Creating a Household Disaster Plan helps ensure that you will be prepared in the event of a disaster. Review the emergency checklist and write down important information on the detachable wallet card below for you and all of the members of your household.

PREPARE

When disasters happen, it may take local authorities up to three days to reach you. It's important to have enough food, water, first aid supplies, medicines, and other essentials ready as part of a Disaster Supply Kit.

BE AWARE. PLAN. PREPARE.

These three steps help save hundreds of lives each year. Learn about how these hazards can affect you and how you can receive advance warning if they do occur. Connecticut has several alert systems you can register with or monitor: Connecticut Alert Emergency Notification System (CT Alert ENS), NOAA Weather Radio All Hazards, Emergency Alert System (EAS), and social media.

For more information, visit www.GetReadyCapitolRegion.org



EMERGENCY CHECKLIST



- ☐ Create an emergency kit
- ☐ Learn how to shelter-in-place
- ☐ Write down important phone numbers
- ☐ Plan your evacuation route
- ☐ Know where shelters are located
- ☐ Pick a central meeting place for your family

For more info and tips:
GetReadyCapitolRegion.org

GET READY FOR THE NEXT EMERGENCY

HURRICANES. HEAT WAVES. BLIZZARDS.
Hundreds of lives are saved each year by being aware, planning and preparing in advance.



RESIDENTS WITH FUNCTIONAL NEEDS

Get Ready Capitol Region provides a number of resources designed for residents with physical, sensory, or cognitive disabilities.

Ensure that your emergency plan accommodates your unique needs:

- Consider what special equipment, medicines, goods or services you might need in the event of a disaster.
- Write important information on the detachable wallet card below.
- Include items that would allow you to evacuate (if necessary), survive for three or more days on your own, or shelter-in-place.

Get Ready Capitol Region provides Emergency Planning Checklists for individuals with:

- Mobility Impairments
- Visual Impairments
- Hearing Impairments
- Communication Impairments

Visit **www.GetReadyCapitolRegion.org** to ensure that your plan and Disaster Supply Kit accommodate all of your critical needs.



BE AWARE. PLAN. PREPARE.

Fill in the following information, and keep this card in your wallet or purse.

IMPORTANT PHONE NUMBERS

Family/Friends: _____

Insurance Company: _____

Doctors: _____

Out-of-Area Contact: _____

MEETING PLACE (PICK 2):

1. _____
2. _____

MEDICINES: _____

ALLERGIES: _____

OTHER IMPORTANT INFO: _____

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