



## Severe Winter Storms | After Hazard Preparation Checklist

### What Should I Do After a Severe Winter Storm?

- ❑ Monitor conditions using a NOAA Weather Radio or your preferred local news source. Access to some parts of the community may be limited or roads may be blocked.
- ❑ Avoid overexertion, such as shoveling heavy snow, pushing a vehicle, or walking in deep snow. The strain from the cold and the hard labor may cause a heart attack. Sweating could lead to a chill and hypothermia.
- ❑ Check on relatives, neighbors, and friends, particularly if they are elderly or live alone.
- ❑ If the pipes freeze, remove any insulation or newspaper and wrap the pipes in rags. Completely open all faucets and pour hot water over the pipes, starting where they were most exposed to the cold or where the cold most likely penetrated. A hand-held hair dryer, used with caution to prevent overheating, also works well.
- ❑ Check on your animals and ensure that their access to food and water is unimpeded by drifted snow, ice, or other obstacles.